

Black & Teal

Boys Volleyball Camp

Black & Teal Volleyball Camp™ is a fun and exciting opportunity to learn and improve one's skills at the game of volleyball. The camp is open to all incoming freshmen boys, returning students/players, and middle school boys. B & T Camp is a 4-day intensive introduction to all of the related individual and team fundamentals of boys high school volleyball. Camp sessions will consist of individualized instruction, demonstrations, drill sessions, and competition.

Camp Staff includes:

- *Doug O'Brien: Boys Varsity Head Coach, FS Girls Head Coach @ Aliso Niguel HS*
- *Don Pedro (Peter) Butler: Girls Varsity Head Coach, JV Boys Head Coach @ Aliso Niguel HS*
- If you need any additional information please visit our website at www.alisoboysvolleyball.com or email Coach OB at djobrien@capousd.org

Equipment: All camp participants are encouraged to bring kneepads and water bottles. Shorts, T-shirts and athletic indoor/cross training shoes are appropriate attire.

When: August 3rd-6th
2:00pm – 4:00pm

Where: Aliso Niguel High School (main gym)

Cost: \$125.00 due July 1st • Registration after July 1st will be \$140.00
All participants will receive a camp T-shirt, individualized instruction and evaluation.

Please make checks payable to: Doug O'Brien

Return the bottom portion with check to:

Doug O'Brien
Attn: Boys Volleyball Camp
28000 Wolverine Way
Aliso Viejo, CA. 92656

THIS IS NOT A CUSD SPONSORED EVENT • FLIER NOT PRINTED AT DISTRICT EXPENSE

Liability insurance will be provided for each camper - Participation in camp is not a prerequisite for participation in a school sponsored activity

(Please fill out the bottom portion and return)

Player's Name _____ Age _____ Height _____ Shirt Size _____

Home Address _____

Phone # Home _____ Work _____

Insurance Carrier _____ Policy # _____

Playing Experience _____

Position of preference _____

2009-10 BOYS VOLLEYBALL TRYOUT INFORMATION

If you are unable to attend camp but are still interested in trying out for the BOYS VOLLEYBALL TEAM for the spring of 2010, please refer to alisoboysvolleyball.com for more opportunities to play in clinics and with local club teams in the area. There will be a non-cut tryout in December of 2009 and Final tryouts in January of 2010 for the 2010 Boys season.